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**1st scientific-practical conference of the students
and researchers on "Erasmus+ International
credit mobility: Role in improving quality of
education and scientific research"
December 6, 2017**

Impressions from EU Mobility Program

**MASTER STUDENT
OF TASHKENT MEDICAL PEDIATRIC INSTITUTE
AZIMOVA OZODA**

*The EU programme for
Education, Training, Youth and Sport
2014 - 2020*



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The main purpose

To share the impressions and professional experience which was gained through research work and exchange of professional medical expertise at Pisa University Hospital Ospedale S. Chiara.





RESEARCH TOPIC and AIMS

Assessment of the Quality of life of children and adolescents with type 1 diabetes mellitus based on modern methods of insulin therapy.

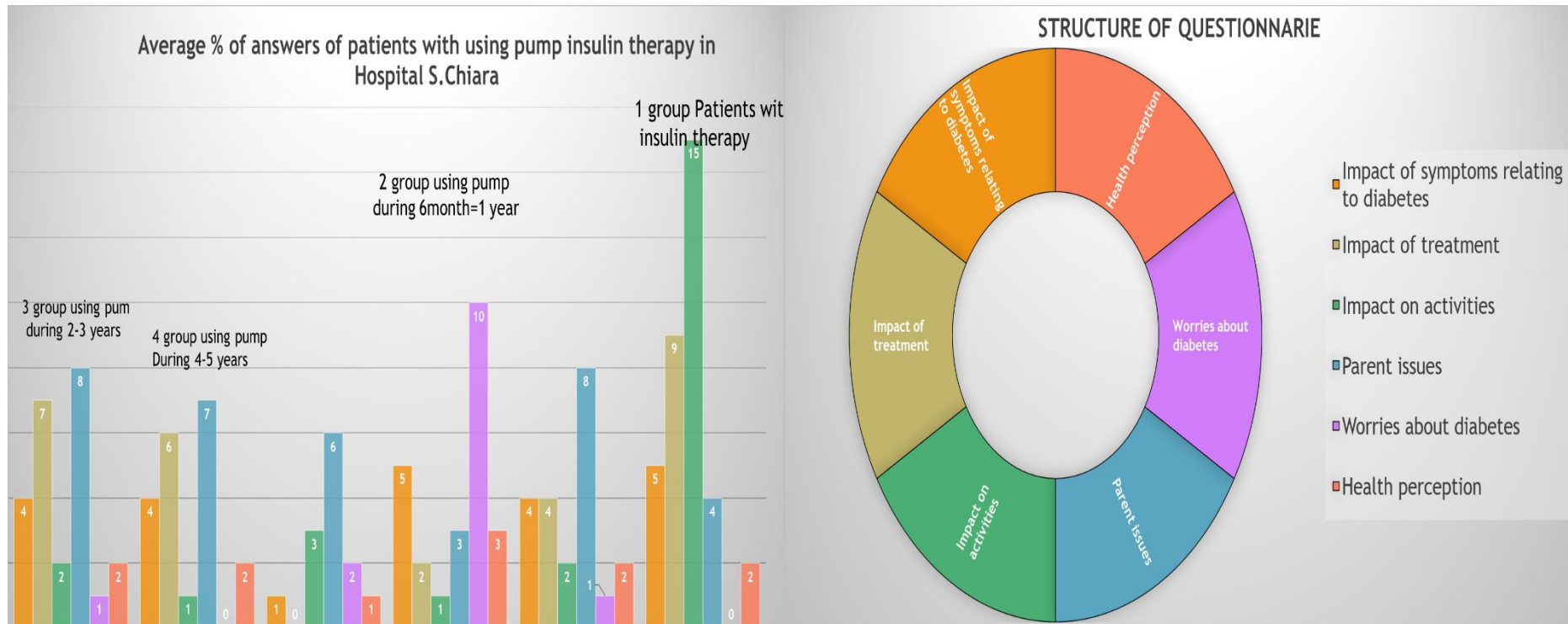
AIMS

- 1. To assess and compare the quality of life of children with type 1 diabetes mellitus that are in the state of intensified and pump insulin therapy.*
- 2. To study the role of insulin therapy in achieving the compensation of type 1 diabetes in children with different methods of insulin therapy.*



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We have conducted a questionnaire on quality of life of patients with DM1 type while using pump insulin therapy and also while excluding it with the aim to collect research data.





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What new I
have
learned
during my
mobility





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I had a great opportunity to work with new technologies such as a new generation of microinfusory (pump insulin therapy). Thereat, I have learnt to manage to fix and correct dosages of different kinds of insulin





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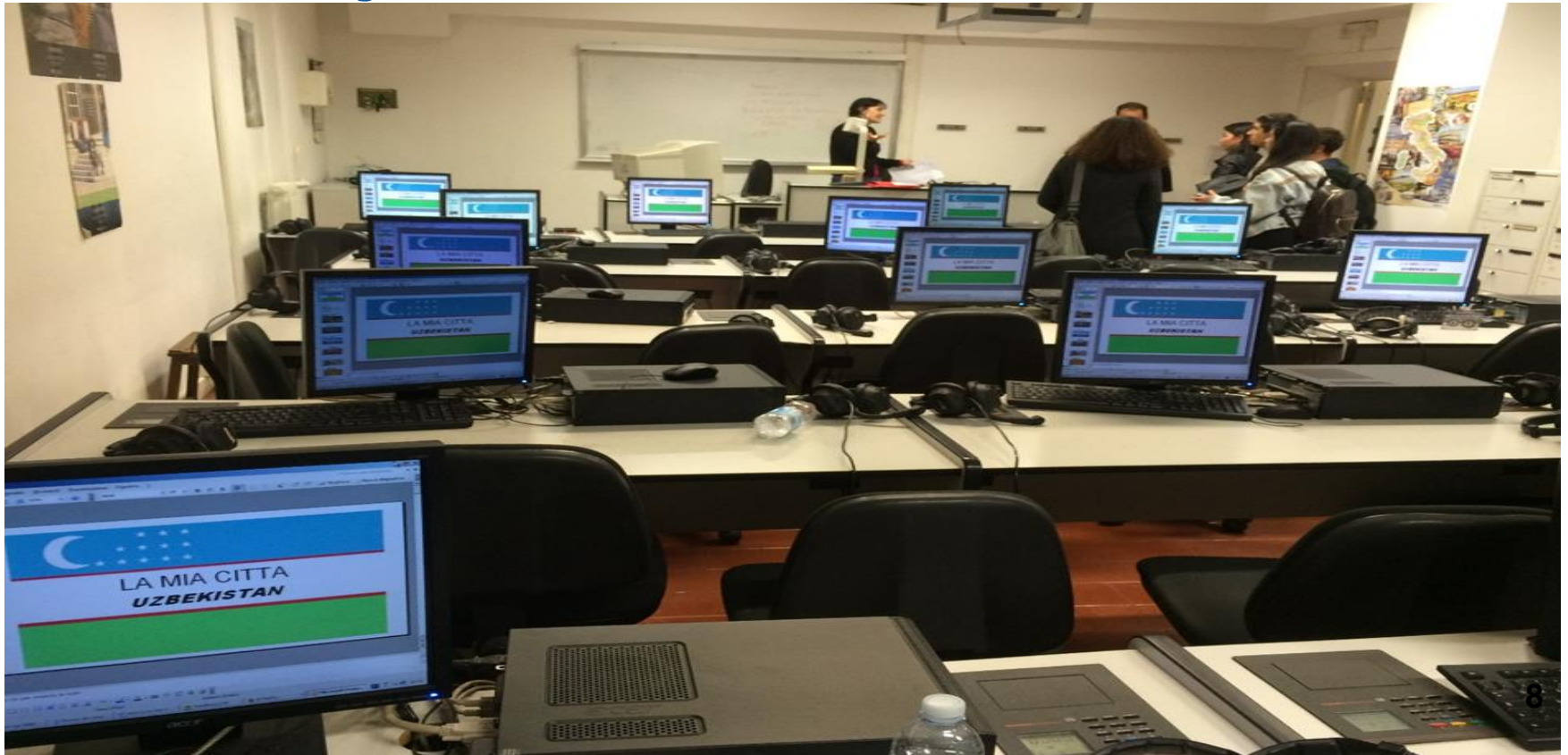
I had a chance to visit the museum of the Department of Anatomy of the University of Pisa. A notable feature of this visit was the familiarization with modern anatomical drugs that provide detailed information in 3D format. This provides an opportunity for students and visitors to directly study all organs in a living organism, thereby broadening the horizon of clinical thinking





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Language barrier can be the main cause of problems for studies abroad. Erasmus students often take part in courses which they can improve their language level and I had a wonderful chance to take free lessons of Italian and have successfully completed the beginners course. Attending this course was very useful not only in terms of learning the basics of Italian language, but also created a wonderful opportunity to meet new people from various parts of the world and indulge into multicultural environment





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Also it should be emphasized that Erasmus have given me the opportunity to travel around Italian cities. With 48.6 million tourists a year Italy is the fifth most visited country in international tourism. People mainly visit Italy for its rich culture, cuisine, history, fashion and art, its beautiful coastline and beaches, its mountains, and priceless ancient monuments. Italy also contains more World Heritage Sites than any other country in the world.





Conclusion

Every journey into the new life is a new experience and discovery. A three months of my life in Italy as a part of EU Mobility Program was a celebration of that very experience and discovery. A programme was useful in many ways, but most importantly in terms of social and academic aspects which had a great impact of my personal and professional development. That was possible thank to the organizers of this program represented by Tashkent Pediatric Medical Institute, Pisa University and European Union that I owe a wholehearted gratitude and profound reverence.



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We hereby certify that

Ozoda Azimova

*has completed his mobility at the University of Pisa, in the framework of the
Erasmus+ Key Action 1, Mobility with Partner Countries,*

from 20 February to 19 May 2017


Prof. Francesca Marcelloni
Rector's Delegate for Internationalization
University of Pisa
Pisa, 04/09/2017



Активаци
Чтобы актив



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THANK YOU FOR
YOUR ATTENTION!